



## **ST. JOSEPH CONFIRMS ANOTHER CASE OF COVID-19**

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**FOR IMMEDIATE RELEASE**

The City of St. Joseph has confirmed another positive case of COVID-19 in the community. The city's fourth positive case is a female in her forties. Her only travel history is to Kansas City. The individual resides in St. Joseph and is currently under the care of Mosaic Life Care. No other information will be provided about the individual.

Avoiding exposure is the best way to prevent the illness. Other preventative actions to help prevent the spread of virus include:

- Social distancing to avoid close contact with others.
- Voluntary home isolation: stay home if showing symptoms of the virus.
- Avoid touching your eyes, nose and mouth.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Wash your hands often with soap and water for at least 20 seconds. As a backup to the lack of soap and water, use an alcohol-based sanitizer.
- Clean and disinfect frequently touched objects and surfaces regularly.
- Comply with the shelter in place order.

It is also important to know what to do if you become ill.

- Stay home if you become ill, except to seek medical care.
- Separate yourself from others in your home.
- If you need to see a medical professional, call ahead before arriving at a clinic, hospital or urgent care center.
- Wear a facemask if you are ill and around other people, such as when you seek medical care. It is not recommended for the general public to wear a facemask.
- Avoid sharing personal household items with other family members.
- Clean all frequently touched surfaces often.

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